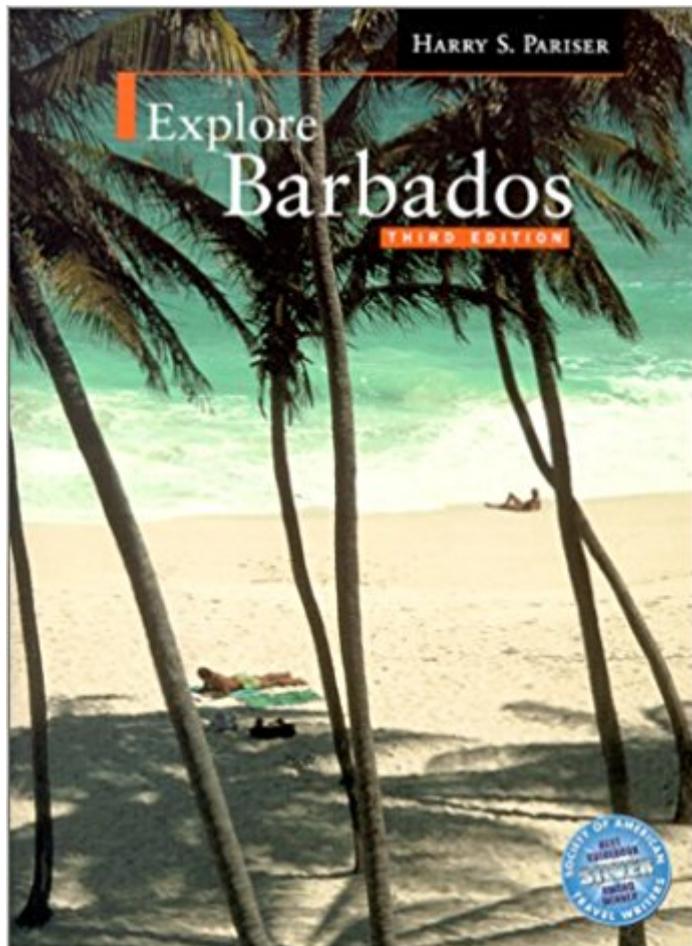


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# Explore Barbados



## **Synopsis**

Travel with award-winning author Harry S. Pariser around Barbados and delve into its culinary, cultural and historical treasures. Famed for its beaches and intimate, high quality hotels and inns, Barbados is the Southern Caribbean's crown jewel. This is the only complete guide for this very special Caribbean democracy. Visit plantation-era greathouses, stroll through the Flower Forest and exotic Andromeda Gardens, descend into the depths of Harrison's Cave, fly over the island's dramatic contours by helicopter, take a sunset cruise, descend into the oceanic depths via submarine, or just kick back on one of the island's many spectacular beaches. Local bus service, festivals and events, history and culture, live music spots. It's all covered! Maps, photographs, web sites, useful tips. Humourous, informative, educational, detailed. There is no other guide quite like it!

## **Book Information**

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## **Customer Reviews**

If you truly want to dive into a destination, consult this terrific guide.... a wonderful resource.... -- GetawayWeddings.com "Essential homework...relevant facts and figures are there." -- Sheffield Telegraph "Excellent explications.... Parise's voice is confident and his warts-and-all portrait makes Barbados all the more intriguing," -- "Explore Barbados is a comprehensive guide.... Illustrated with enticing photos, at-a-glance lists, charts, and helpful hints...." -- The Beat "Explore Barbados will take you everywhere you need to go." -- Conde Nast Traveler, July 2002 "I was very impressed with Barbados. I particularly enjoyed your book. I just can't say enough about it." -- Jan, a reader "One of the best writers about the Caribbean region provides you with the best guide you will find about this

country." -- Travel Books Review "Practical suggestions on a host of topics such as conduct, attire, tipping and snorkeling are helpful." -- Caribbean Beat "compact in size, pertinent in fact and loaded with offbeat suggestions for tours and activities. ...a welcome change .... " -- Travel Weekly

Hundreds of useful tips and charts Dining for gourmets, vegetarians, and lovers of local fare  
Cropover and other festivals Tours, information, and shopping Car rental, web sites and e-mail addresses

I have recently returned from Barbados (the visit took place before receiving the Harry S. Pariser version of "Explore Barbados"), and can attest that the information contained therein is the most accurate currently available in Barbados guide-books of similar scope. This is a "must have" copy for first-time visitors to Barbados to see all of the most familiar and most of the least familiar sights and activities available on the small island. While the book cannot improve the rather poor surface condition of Barbados roads, it certainly shows maps of which roads should be taken to access the unforgettable beautiful sights and locations of activities. *Herbert A. Hutchinson*

This book was terrible. It didn't list very many resources (e.g. hotels, restaurants, etc.) for places other than a few big cities. Also, the description of some of the places was so off from reality. I was very unsatisfied with the book in terms of its helpfulness in finding accomodations. The author spent more time on the history of the island than explaining essentials in traveling around it. I DON'T recommend it.

If you are planning to visit the exotic, mysterious land of British-ruled Barbados, you will be met by a blend of English and African cultures, temperatures that can only be experienced near the equator and waters so blue you may wonder if you're seeing a mirage. This Explore Barbados guide provides everything you need to know whether you're an armchair traveler, a first time visitor or a returning guest. Learn about island history (Columbus didn't discover or name this island), people, flora and fauna, politics, climate, lodging, food, music, festivals and sight seeing opportunities you won't want to miss. The pages contain a diverse wealth of information that readers will not find in traditional travel guides. For instance, Pariser warns visitors about the poisonous "machineel" that grows along the beaches, the "poison tree" and the "cow itch vine." Descriptive accounts of animals will make it easy for travelers to recognize Barbados Green Monkeys, Blackbelly Sheep and a variety of tropical birds and reptiles. I visited Barbados in 1998 and I wish I had read this guidebook

before I traveled. Review by JoAnna Carey, Author of Rat Race Relaxer: Your Potential & The Maze of Life

We really enjoyed ourselves in Barbados using this guide. Barbados is very compact, and the only town is the capitol city of Bridgetown which is OK but not the best place to hang out in. Thanks to this book we were able to travel to the east coast and visit the small village of Bathsheba, discover the natural areas to the north, and really appreciate what we were seeing. Also, the guide lists small bed and breakfasts and local restaurants. The websites listed were useful as well as the information we found on the publisher's website. We really recommend that you check out some of the natural areas such as Barclay's Park and Welchmans Gully. You should make your reservations before you go, because everywhere can be reached in a short period of time. Although all of the bus routes are listed in detail, we found it easier to rent a car.

Now in an updated and expanded third edition, Harry Pariser's Explore Barbados showcases the culinary, cultural, historical, and natural treasures of exotic Barbados for the vacationer and business traveler. This wonderful little compendium offers hundreds of useful, practical, "visitor friendly" tips and charts; pertinent dining information and choices for gourmets, vegetarians, and local cuisine; Cropover and other festivals; as well as suggestions for tours, car rentals, shopping excursions. The compact and straightforward text is enhanced with website and email addresses, charts, and color photography. If you are contemplating a trip to Barbados, begin your preparations with Harry Pariser's Explore Barbados!

Harry Pariser's Explore Barbados is the best coverage of the island that I've seen. Besides hotels and inns, restaurants and activities, it details all sorts of fun stuff--like highways are just country roads, notes about the Bajans quirks and Creole rites, sidenotes on Vanilla orchids, odd uses of Aloe, like mothers using it to stop thumbsucking and a wonderful glossary of local lingo. Tidbits are scattered throughout -- i.e. The walking stick around a house may forecast a death in the family. The overall layout and design is nice with easy to read maps, beautiful photos and nice legible type. It's a joy to read and use.

I do quite a bit of traveling and often buy a Lonely Planet guide as a basic reference. Lately, however, I've become somewhat jaded by its formulaic coverage and superficial approach. I'm also skeptical about how they go about choosing which accommodations and restaurants to include in

their books. Pariser's book at first glance looks remarkably like a Lonely Planet guide--the same format and much the same information. However, Pariser puts more of himself into it and the book clearly is a labor of love. Pariser's guide compares to Lonely Planet like a family restaurant to McDonalds.

This guidebook is excellent! We finally got away from the all inclusives and went to the East Coast of the island. We stayed at a fabulous B&B in Bathsheba that was mentioned in this book. The sound of the ocean lulled us to sleep at the Sea-U guest house. We went over to the Andromeda Gardens which were close and saw beautiful tropical flora. This book had great hiking information in it as well. I am going to remember this trip for a long time and want to thank the author for sending us to such wonderful, not to miss places!

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